

The Woodbridge Wyvern

Dates At A Glance			
April	Autism Month Earth Month		
Apr 24	OUAC Transmission		
Apr 25	OCAS Transmission		
Apr 24-28	Midterm eDistribution		
Apr 28	Election Day		
May 2	Culture Day		
May 5	PA Day - No School		
May 6	Full Disclosure Public Health - Gr 12's		
May 9	College Presentation		
May 12	<u>Wesak</u>		
May 17	Irish Heritage Day		
May 19	Victoria Day - No School		
May 22	Prom		
May 30	John Sims Tournament		
Jun 2-3	<u>Shavuot</u>		
Jun 6	<u>Eid-ul-Adha</u>		
Jun 18-24	Exams		
Jun 25	Graduation		
Jun 26-27	PA Day - No School		
Jul 4	OCAS Transmission		
Jul 7	OUAC Transmission Final eDistribution		

DAILY SCHEDULE			
PERIOD	TIME	LIFE IS LIKE A	
Warning Bell	8:50 a.m.		
HR	8:55 a.m 9:00 a.m.	FOCUS ON WHAT MATTERS 4% MOST	
1	9:00 a.m 10:15 a.m.		
2	10:20 a.m 11:35 a.m.		
Lunch	11:35 a.m 12:40 p.m.	CAPTURE = lat MAKES YOU HAPPY DEVELOP FROM the NEGATIVES	
3	12:40 p.m 1:55 p.m.	& IF THINGS DON'T WORK OUT ALWAYS TAKE ANOTHER SHOT!	
4	2:00 p.m 3:15 p.m.	natural@life	
HELPFUL LINKS:		CARING & SAFE SCHOOLS:	
<u>WC Website, YRDSB Website</u> <u>WC Twitter,</u> <u>WC Instagram</u>		<u>Crimestoppers, Kids Help Phone</u> <u>Report It (YRDSB)</u>	

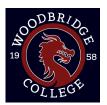
EARTH DAY/ WEEK/ MONTH

Earth Day is April 22nd. Earth Day is a time to reflect on our habits and consider making small changes to our routines. Taking the school bus and walking, riding or biking to school helps reduce pollution and traffic congestion in our neighbourhoods. It's also great for your mental health, well-being and academic performance. Use an environmentally friendly mode to travel to and from school on April 22 to show your spirit.



Board Trustee Dr. Elizabeth Sinclair 905-953-0562 elizabeth.sinclair@yrdsb.ca Superintendent of Schools Otilia Olteanu 905-764-6830 otilia.olteanu@yrdsb.ca Principal Michelle Randall 905-851-2843 michelle.randall@yrdsb.ca Vice-Principal Talat Sadiq 905-851-2843 talat.sadiq@yrdsb.ca Vice-Principal Janice Bordonali 905-851-2843 janice.bordonali@yrdsb.ca

The Woodbridge Wyvern



Event at WC

Federal Election Voting Location

Woodbridge College will be a polling station for the upcoming federal election on April 28, 2025.

This is a valuable opportunity to highlight the importance of the democratic process for our students. Please be assured that school operations will continue as normal. We will take all appropriate measures to ensure student learning is not disrupted. This includes:

- Voters will use one access door, closest to the location of the polling station.
- The voting access door will be monitored at all times by an Elections Canada representative. Hallways between the access door and the polling station will be also monitored by Elections Canada staff.
- Elections Canada staff will be made aware of their responsibilities regarding school access.

• School administration and staff will also remain visible in the hallways throughout the day. The majority of voting occurs after school hours; school parking and traffic should not be significantly affected on Election Day. However, we thank you for your patience as there may be some minor delays during arrival and dismissal due to additional pedestrian and vehicle traffic on April 28.

If you have any questions, please feel free to contact the school office.

Student SIN & Summer Job Bank Clinic at Woodbridge College

Is your child in need of a Social Insurance Number? Is your child looking for a summer job this year?

Students, parents and guardians, please join us for a free service brought to your school communities from a joint project with Service Canada and the York Region District School Board on <u>Thursday, May 1, 2025</u> from 11:00 a.m. to 3:00 p.m. in the cafeteria. Please review the <u>flyer</u> for more details on what you need to bring with you that day.

Meet with a Service Canada representative and **receive your Social Insurance Number (SIN) on the spot!** Service Canada representatives will be at WC to help students and newcomers apply for their Social Insurance Numbers, learn about the Canada Job Bank and Summer Program for Youth and the Federal Dental Program!

Attendance at WC

ATTENDANCE ABSENCE REPORTING

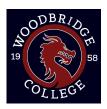
Parents/ guardians please email attendance absences to <u>woodbridgecollege.attendance@yrdsb.ca</u> Please note, EDSBY is **not** monitored for student absenteeism.

School Council Upcoming Dates

• Thursday, May 15, 2025 at 7:00 p.m.

Families wishing to connect directly with our School Council can do so by emailing: woodbridge.college@sc.yrdsb.ca





YRDSB Resources and Opportunities

Sikh Heritage Month Celebration at Kleinburg P. S.

Kleinburg Public School is hosting a community event in celebration of Sikh Heritage Month on <u>Thursday</u>, <u>April 24th, from 5:30 p.m. - 7:30 p.m.</u> This will be an evening where students, staff and families come together to enjoy a meal (langar) together, learn about the diversity within the Sikh identity, make connections, and share experiences with one another.

Please see details below for an overview of the evening.

5:30 p.m. - 6:15 p.m. - Sikh Heritage Museum of Canada Display and Craft Activity

<u>6:15 p.m. - 7:00 p.m.</u> - Welcome and Performances Martial Arts Demonstration by Shaheed Baba Deep Singh Gatka Akhara

<u>7:00 p.m. - 7:30 p.m.</u> - Community Meal (Langar)

We kindly ask that you <u>register</u> if you would like to attend.

If you have any questions, please contact Kleinburg Public School at 905-893-1142 or Ms. Rosen, Principal at sharron.rosen@yrdsb.ca or Ms. Dhaliwal, Vice Principal at amrit.dhaliwal@yrdsb.ca.

Understanding and Navigating the Education System - Families of YRDSB Black Students - April Information Session

Families, parents, caregivers, please join us for our monthly virtual meeting, where families with Black children come together to learn about resources and upcoming programs for Black students in both elementary and secondary schools. Please see our <u>flyer</u> for more information and to register. Virtual Information Session on <u>Monday</u>, April 28, 2025 from 6:30 p.m. to 7:30 p.m.

Network of Educators for Korean-Canadian Students Networking Event: Pathways to Careers in YRDSB

The Network of Educators for Korean-Canadian Students (NEKS) invites Korean families and community members to a Family Engagement Night focused on building a deeper understanding of how parents can support their children throughout their educational journey.

<u>NEKS Korean Family Engagement Night</u>: Thursday, May 1, 2025 from 5:30 p.m. - 8:00 p.m. Thornhill Secondary School, 167 Dudley Avenue, Thornhill, ON

Please <u>register here</u> by Monday, April 24, 2025 and see <u>flyer</u> for more information. Contact is Jae Yeon (Jasmin) Kwak, NEKS Chair, <u>jaeyeon.kwak@yrdsb.ca</u>.

Open Mic Night Series with YRP

<u>Friday, April 18, 2025</u>, <u>Friday, May 16, 2025</u>, <u>Saturday, May 21, 2025</u> Please see <u>flyer</u> for more information.

Victims of Crime Week

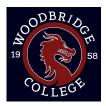
Parents, caregivers, guardians, community members and youth 11+ are welcome to attend the **3rd Annual Anti-Human Trafficking Conference** in York Region.

Join us at **Seneca Polytechnic College King Campus** on <u>May 13 and 14, 2025 from 6:00 - 9:00 p.m.</u> for an evening of learning, networking, and collaboration in the fight against human trafficking. <u>Registration for the 3rd Annual York Region Anti-Human Trafficking Conference</u>. Please see <u>flyer</u> for more information.

Our conference brings together experts, advocates, and community members to raise awareness and education. Through engaging workshops, inspirational talks and community booths, we gain valuable knowledge and tools to protect and empower our community. Free refreshments and a light dinner will be provided.

For more information, please contact Inclusive School and Community Services (ISCS) at iscs@yrdsb.ca.





City of Vaughan's Transportation Youth Ambassador Program Announcement

Hey Woodbridge College! Ready to make a difference in your community? Join the City of Vaughan's Transportation Youth Ambassador Program.

Why Join?

- You can work alongside the City staff and gain real-life work experience.
- Earn volunteer hours and receive a certificate of completion.
- Voice your ideas on transportation and help shape the future of our city!
- Host fun events and learn to engage with different audiences.
- Build useful skills like leadership, teamwork, and critical thinking.

The program will run from: February 24th to May 30th

And the application deadline is: February 16th

To learn more about how to send in your application, go to

vaughan.ca/YouthAmbassador for more information.

Don't miss out on this chance to make an impact! Please see poster for more information.

Centre for Black Excellence Mailing List

We would like to encourage families to subscribe to the mailing list to stay up to date with information about school board and community events and programs that would benefit Black students and families with Black children and updates on Board efforts to dismantle anti-Black racism.

Please see our <u>flyer</u> for more information on how to subscribe to the mailing list.

Tenants Rights Workshop

You are invited to free Virtual Tenant Rights Workshops offered in partnership with the Canadian Centre for Housing Rights from January through April 2025. Please see <u>link</u> for more information and registration.

360°Kids Information Flyer

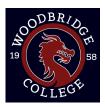
360°kids is dedicated to helping at-risk and unhoused youth by providing essential support services in housing, employment, health, and education. Please see our <u>flyer</u> for more information.

Sankofa Mentoring Program

The Sankofa Mentoring Program is for students in grades seven to twelve, online on Thursdays from 6:30pm to 8:30pm and two Saturday's per month in person 10 am to 1pm at Bur Oak Secondary School, Markham Ontario. The environment creates a safe space for students, and mentors to come together in unity and learn more about their heritage. Through collective work/responsibility, we have created an environment where creativity and cooperative economics work together to engender self-determination. The program was developed in the follow structure:

- Rooted in an Afrocentric Framework
- Three tier model (life skills, community engagement and civic responsibility)
- Highlights the principles of the Nguzo Saba (The Seven Principles) Unity, Self-Determination Collective Work and Responsibility, Cooperative Economics, Purpose, Creativity, Faith, and Self-Respect

Register Here



The Woodbridge Wyvern

CO-OP & Pathway Opportunities

Young Women in Trades Bootcamp – A Day of Hands-On Learning

On Friday, March 21, thirty young women from grades 9 through 12 had the incredible opportunity to immerse themselves in the world of skilled trades at Enercare's training facility, located at 30 High Meadow Place (Finch & Weston). This unique experience provided students with direct, hands-on exposure to the fields of HVAC, electrical work, and plumbing—guided by experienced Enercare technicians.

Throughout the day, students engaged in a series of practical workshops designed to spark interest and build confidence in the skilled trades:

- **HVAC Workshop:** Students worked with measuring and fabrication tools to understand natural gas and propane piping and tubing systems.
- Electrical Workshop: Students were given an outlet box and a light fixture and were carefully guided through the wiring process—culminating in the moment they successfully turned on a light bulb.



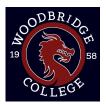
• **Plumbing Workshop:** Students learned the fundamentals of assembling a toilet and installing a faucet by attaching water lines and assembling drainage fittings on a bathroom vanity.



The day was not only educational but also deeply inspiring. Each participant had the chance to explore potential career paths, develop new skills, and gain a better understanding of the vast opportunities within the trades industry. The enthusiasm and engagement throughout the bootcamp reflected the growing interest in skilled trades among young women—an important step toward breaking barriers and diversifying the industry.

Woodbridge College is proud to support initiatives that empower students to explore diverse career opportunities and gain practical experience that could shape their futures. A huge thank you to Enercare and their expert technicians for making this event a success, and congratulations to all the participants who took part in this valuable learning experience!

Let's continue encouraging young women to explore the trades and discover their potential. #EmpoweringFutureTradeswomen



The Woodbridge Wyvern

Health Care Plans for Students

If your child has a serious life-threatening allergy or medical condition, please inform the office to complete the appropriate medical forms. There are students and staff members in our school who have life-threatening allergies to nuts and other allergens. To help create an allergen-safe environment, do not bring nuts or nut products to school.

It is critical that parents and guardians share information with us about students' serious or life-threatening medical conditions or other health-related matters so that we can create fulsome Health Care Plans that help keep students safe. We encourage students, who are able, to contribute to the creation of these plans too.

Please access forms below as needed. Completed forms and medication can be placed in a sealable bag, with the student's name marked on the bag and left in the Main Office As always, please contact us with any questions or concerns.

<u>Health Care Plan Form</u> <u>Diabetes Health Care Plan</u> <u>Asthma Health Care Plan</u> <u>Anaphylaxis Health Care Plan</u> Epilepsy/Seizure Disorder Health Care Plan

Guidance Corner

Students and/or parents are able to make a Guidance appointment with Ms. Kolianou or Ms. Neally through teachassist. Please wait for a response to see if your chosen date and time are available.

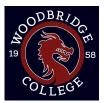
Full Disclosure Date for Semester Two - May 6, 2025

The Full Disclosure date for Grade 11 and Grade 12 courses is May 6, 2025. If a student withdraws from a Grade 11 or 12 course on or prior to May 6, 2025, then the course will not be recorded on the Ontario Student Transcript. The full disclosure date for YRDSB Fall Session night school is Tuesday, April 29, 2025.

Potential graduates who are applying to an Ontario college and/or university who are planning to drop a course are encouraged to connect with their guidance counsellor in advance of these dates. Guidance appointments can be booked via teachassist.

Important dates

- April 15 night school report cards
- April 24 This is the date that Grade 11 and 12 marks are uploaded to OUAC
- April 25 This is the date that Grade 11 and 12 marks are uploaded to OCAS
- April 24-28- report cards are e-transmitted
- May 6 This is the date any Grade 11 and 12 courses will permanently appear on your transcript. Courses dropped by this date will not show on a student's transcript



The Woodbridge Wyvern



Summer School - Continuing Education

Acceleration Courses (18 days)

For students who wish to earn a credit in a subject they have not previously studied or those who wish to upgrade a mark in a course that they have successfully completed. Students are encouraged to register early to avoid disappointment. Course offerings are not guaranteed as they are based on sufficient enrollment and teacher availability. Students can only take one acceleration course during the summer session. Transportation is not provided for this program.

Registration opens April 15, 2025.

Option 1 : Online Learning (formerly elearning)

Courses that are specifically designed to be taught in a fully online format. Online learning does not require pupils and teachers to be face-to-face with each other. Classes occur online using an asynchronous model, with check-in opportunities with the teacher. The learning platform is Brightspace by D2L.

Dates: Wednesday, July 2 to Friday, July 25

Hours: Flexible (6 hours per day minimum)

Learn more about Secondary Summer School Online Learning.

Option 2: In-Person Learning

Courses will be offered in a face-to-face learning model. Dates: Wednesday, July 2 to Friday, July 25 Hours: 8:45 am to 3:33 pm Locations: Bill Hogarth SS, Bur Oak SS, Keswick HS, Maple HS, Middlefield CI, Newmarket HS, Richmond Green SS, and Thornlea SS Learn more about Secondary Summer School In-Person Learning.

Option 3: Remote Synchronous Learning

The learning platform is Google Classroom. Classes will be a mix of synchronous (real-time) and asynchronous learning. The teachers will be expected to be online for most of the day. A majority of the day will be spent in synchronous learning experiences (Google Meet with whole class or small groups, phone or video chats, individual conferencing – a combination of many tools to engage in synchronous learning). In July, before the start of classes, your child will receive an email with instructions on how to log on and participate in the class. <u>Remote Summer School</u>

Grade 11 Courses

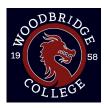
MBF3C - Math College MCF3M - Functions & Applications NDA3M - Contemporary First Nations, Métis, and Inuit Issues and Perspectives

Grade 12 Courses MAP4C - Math Foundations College

International Language Courses

LKBBD - Simplified Mandarin - Level B LKBCU - Simplified Mandarin - Level C LWSBD - Spanish - Level B LWSCU - Spanish - Level C LITBD - Tamil - Level B LITCU - Tamil - Level C





Centre for Black Excellence Summer School Courses

Y2 LEGACY – A Black-Centred Approach to Leadership, Innovation, and Excellence

is a transformative summer learning program that empowers students through a Black-centred lens celebrating leadership, innovation, and academic excellence. By building foundational knowledge and identity-affirming skills, students emerge with the confidence and capabilities to lead in their schools and communities. The foundational skills students gain in the summer will support them in navigating the school year with confidence and leadership.

Through credit-bearing courses grounded in technology, literature, business leadership, and community engagement, Y2 LEGACY provides a dynamic and culturally responsive learning experience. Students engage in experiential learning, build essential academic and life skills, and receive mentorship that supports long-term success.

Learn more here and registration is through MyPathwayPlanner

Summer Mentorship Program (SMP)

This gives high school students of Indigenous or African ancestry a chance to explore health sciences at the University of Toronto over four weeks in July.

Visit the Centre for Black Student Excellence to learn more about other summer programs available for Black students. Learn more <u>here</u>

Black Internship Program

The Come Up, in partnership with York University, presents the Black Internship Program. This program is designed to develop leadership skills for Black students and increase education engagement.

Students earn a cooperative education credit

Details are available through MPP -> continuing education -> explore courses -> scroll to bottom " YRDSB Summer School" -> 1 Credit Coop Alt Ed Holding

Part 1 Fall 2025	Part 2 Winter 2026
Students earn Bronze Medallion, Bronze Cross, CPR and First Aid Certification from Life Saving Society	Students earn National Lifeguard Certification and the Swim and National Lifesaving Instructor Certification from Life Saving Society
Students earn PAQ2O1	Students earn PLF4M1
 Students must be registered in a secondary school and minimum age of 13 years old Students must pass a 400 metre swim test 	 Students must be 15 years old, and have Bronze Medallion, Bronze Cross, Standard CPR and First Aid Certifications Students must have completed at least one Health and Phys. Ed Credit at Highschool

Aquatics Leadership Program

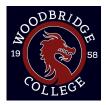
Available at Aurora, Georgina, Markham, Richmond Hill, Vaughan, and East Gwillimbury (Spring 2026)

2 Part Registration Part A Register with Town or City, Part B Register with YRDSB

Flyer email to Guidance Departments in June

Registration will begin July 2025





Spring College and University Open Houses

This is a wonderful time to visit college and university campuses for students applying to post-secondary.

- <u>University</u> campuses
- <u>College</u> campuses

<u>Scholarships</u>

OJEN's 2025 Bursary Program is open for applications

Are you considering a career in law? You might be eligible to apply for our bursaries!

Bursaries are available for graduating high school students in Ontario entering post-secondary education this fall. Each successful applicant receives between \$1,000-1,500.

When you apply, you are considered for bursaries provided by the Association of Justices of the Peace of Ontario, the Association of Ontario Judges, and the Ontario Superior Court Judges' Association. In your application, please describe the legal sector career you are interested in and demonstrate how your post-secondary program will help you achieve this goal.

To learn more, please visit: <u>ojen.ca/program/bursaries-grade-12-students</u> Submit your application by **Wednesday, 28 May 2025**. Questions? Contact: <u>bursary@ojen.ca</u>

Alliance of Educators for Black Students (AEBS)

The Alliance of Educators for Black Students (AEBS) invites self-identifying Black students who are graduating from a high school in the York Region District School Board to apply for AEBS 2025 Scholarships. Please see the <u>flyer</u> for more information. The deadline to apply is <u>Monday May 12, 2025</u>.

Markham African Caribbean Canadian Association (MACCA)

The Markham African Caribbean Canadian Association (MACCA) will be awarding scholarships of \$1,000 to selected recipients. <u>Deadline is June 30, 2025</u>. 2025 Scholarship Application Package

Please see the flyer for more information or visit the MACCA website.

2025 Healthy Democracy Student Leadership Award

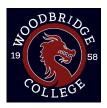
Please see <u>Flyer</u> and <u>Information Sheet</u> for more information. The deadline for receipt of application packages is <u>June 6, 2025, at 11:59 p.m.</u>

Scholar Tree

With spring right around the corner, <u>ScholarTree.ca</u> wanted to share a list of scholarships (over 1,800 awards totalling over \$5,000,000) available to students over March/Spring Break. <u>Scholarship for March</u> If you have issues opening the links, you can either try right-clicking and copying the links into your browser.

Not all awards will apply to all students. Students should create a profile on ScholarTree to get a customized list and weekly email reminders of deadlines. Students can use the "Applications Open" filter only to see those scholarships currently accepting applications at the top left of their scholarship list.





1. York Region Sports - volunteer opportunity

Our organization is hosting a non-profit volleyball program in Woodbridge on Thursday Evenings. We are looking for both male and female volunteers between 14-18 years old, who are interested in helping out. <u>Flyer</u> They can contact us if interested - email York Region Sports <u>info@yorkregionsports.ca</u>

2. Lions Club is looking for Student

Volunteers for Easter Weekend (April 18 - 21 from 11 am-6 pm daily) in Vaughan at 80 Interchange Way across from Dave & Busters We donate proceeds to help the Lions Club which gives money to charities that are near and dear to our community and heart.

Volunteer Positions available:

- Bouncy Castle Attendants
- Food Attendant
- Entrance/Exit
- Coat check Attendant

Email Rikki @ Easterhopfest@gmail.com

3. Woodbridge Soccer House League Coaching or General Volunteer

The Woodbridge Soccer Club is a non-profit organization and volunteers are a vital part of our organizations' operations. Volunteering is an extremely rewarding experience and any bit helps. Below you will find a list of volunteer opportunities within Woodbridge Soccer Club.

Volunteer coaches are used by the Club for all levels of soccer. Coaches are the leaders and teachers of our young athletes. Their role is to help improve the players soccer skills and performance while also ensuring they have fun!

If you would like to be involved with Woodbridge Soccer, be it as a coach or in some other capacity, just fill out the form below and submit it. A WSC representative will get back to you soon. <u>https://woodbridgesoccer.ca/volunteer/?authuser=0</u>

4. Volunteer at Rooks to Cooks

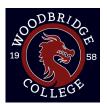
Practical cooking skills in a fun, hands-on environment. We operate camps across the GTA, led by professional chefs and culinary educators, and we place a strong emphasis on teamwork, confidence-building, and leadership.

We're currently accepting applications for our , and we'd love to connect with students who are eager to gain experience, contribute to a positive learning environment, and have some fun in the kitchen!

If you are interested, please feel free to share the application form below: <u>- Volunteer ApplicationForm</u>

Summer Jobs

YRES is hiring for 8-week paid positions (Camp Counsellor, Web Developer, and more) in York Region through Canada Summer Job. Open to youth aged 15-30. Positions start April 28 or June 30. Apply today at <u>vorkeducation.org/join-us</u>.



The Woodbridge Wyvern

Mental Health Supports

Dear Families,

The Ontario Ministry of Education released <u>Policy/Program Memorandum 128</u> in the fall of 2024, which included a directive to school boards to set out enforcement mechanisms to address the possession, use and provision of tobacco, electronic cigarettes, nicotine products, recreational cannabis, alcohol and illegal drugs. In support of a comprehensive approach, we are pleased to announce that in the coming months, vape-detecting devices will be installed at all YRDSB secondary schools.

Our schools continue to provide education and support regarding the harmful impact of these products. Please see resources listed below.

Resources for Families QUASH

<u>A Logical Plan for Quitting</u>

• free smoking and vaping cessation app (co-designed by youth for youth)

School Mental Health Ontario

- Vaping: What you need to know
 - general information about vaping; outlines important facts, associated risks, and additional resources to support educators/families in having informed conversations with students

York Region Public Health (YRPH)

- Vape Facts: What You Need to Know
 - a website containing YRPH anti-vaping campaign videos and vaping facts
- Vaping and E-Cigarettes
 - a website continuing YRPH information on vaping and health risks

Canadian Lung Association

- How to Talk to Your Child About Vaping
 - a pdf guide for parents about talking with your child about vaping and the risks

Student Mental Health and Addictions Letter

April 2025 - Getting Ready for Mental Health Awareness Week March 2025 - A Fresh Start for Spring

Inclusive School and Community Services

Inclusive School and Community Services support schools in developing a learning and school environment that is respectful, supportive and welcoming to all. This includes building and maintaining strong partnerships with parents, community, community organizations and social service agencies to ensure the Board is able to meet the diverse needs of our school communities. See <u>YRDSB website</u> for details.

Services to Support Mental Health

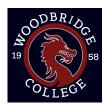
- Family Services of York Region 905-883-6572
- Trans Lifeline: <u>https://translifeline.org</u>
- **YRDSB Trans Student Support Group –** Bi-weekly meetings 3:30 4:30 contact Max at <u>max.denley@yrdsb.ca</u> Also offered in: Ukrainian, Russian, Dari, Mandarin and Arabic

Academic Supports

YRDSB Student Tools and Supports

Supporting Mental Health:





Crisis Mental Health Supports for Students:

- <u>310-COPE:</u> 905-310-COPE (2673) or 1-855-310-COPE (2673) avail.24/7
- KidsHelpPhone: 1-800-668-6868, text 686868 available 24/7, https://kidshelpphone.ca
- <u>York Hills Help Phone Line:</u> 905-503-9561 Monday, Wednesday, Friday 9:30-4:00 p.m. for children and youth (0-18 years) and their parents, caregivers or adult supporters.
- Mental Health Helpline: 1-866-531-2600 available 24/7

Culturally Relevant Mental Health Supports:

We recognize the importance of supporting our students, families, and staff during these challenging times. While many remember and reflect on current events, in response, the following culturally responsive supports are available to our families:

1) TAIBU Community Health Centre

- Clinic: 416-644-3536 http://taibuchc.ca/en/
- Taibu provides intersectional, equity-based and culturally affirming practices for YRDSB students who self-identify as Black:
- Individual Therapeutic Counselling for individuals and parents/families/caregivers.
- Referrals for individual counselling can be made via your school's Social Worker or Psychology Services Professional.
- Group workshops for students (after school). Inquiries regarding potential workshops can be addressed to: Brittany Creighton, BSW, MSW, RSW Diabetes Education Program Social Worker / Health Promoter - Mental Health and Wrap Around Services TAIBU. <u>BCreighton@taibuchc.ca</u>

2) Black Youth Helpline

- Call 416-285-9944 Toll Free 1-833-294-8650
- <u>https://blackyouth.ca/contact-us/</u>
- Black Youth Helpline

3) Harriet's Youth Support Line

- 24-hour emergency / crisis response line: 1-877-695-2673
- Text messaging available for young people who do not feel like speaking to someone, but are still in need of help
- Contact info@tubmancommunity.org or jdunn@peacebuilders.ca for additional inquiries.

4) NACCA - Newmarket African Caribbean Canadian Association (NACCA)

Call 905-781-6222 - <u>https://www.naccacommunity.ca/nacca-youth.html</u>

5) Tropicana

- (416) 439-9009 https://tropicanacommunity.org/defy-your-label/
- 6) Sikh Family Helpline: <u>Sikh Family Helpline</u> (1-800-551-9128)
- 7) Naseeha Helpline: Naseeha Mental Health
- 8) 2SLGBTQ+ Youthline: LGBT Youthline
- 9) PFLAG Canada York Region: 1-866-YR-PFLAG (977-3524) https://plfagyork.ca